

Northview High School

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 CORN DOG GREEN BEANS CARROTS / DIP PINEAPPLE CHOC CHIP COOKIE JUICE MILK, VARIETY	Feb - 2 CHICKEN PATTY/BUN LETTUCE & TOMATO SALAD W/ DRESSING SEASONED WEDGES PEARS JUICE MILK, VARIETY
Feb - 5 BURRITO W/ CHEESE BROCCOLI & CHEESE CARROTS / DIP TROPICAL FRUIT SALAD GRAHAM CRACKERS JUICE MILK, VARIETY	Feb - 6 BISCUITS AND GRAVY HASHBROWNS EGG OMELET RED PEPPER STRIPS ORANGE SMILES RICE KRISPY TREAT, MINI JUICE MILK, VARIETY	Feb - 7 CHICKEN & NOODLES/ROLL MASHED POTATOES GREEN BEANS PEARS CARROTS / DIP JUICE MILK, VARIETY	Feb - 8 PORK FRITTER MAC & CHEESE SPICY BLACK BEANS CELERY STICKS FRUIT COCKTAIL JUICE MILK, VARIETY	Feb - 9 CHICKEN DRUMMIES / ROLL MASHED POTATOES CALIFORNIA BLEND VEGGIES FRUIT SALAD JUICE MILK, VARIETY
Feb - 12 FISH SANDWICH SEASONED WEDGES CUCUMBER & TOMATOES SUGAR COOKIE PEACHES JUICE MILK, VARIETY	Feb - 13 BEEF STEW CORNBREAD WG COTTAGE CHEESE STRAWBERRIES CELERY STICKS CINNAMON ROLLS JUICE MILK, VARIETY	Feb - 14 CHICKEN NUGGETS WHOLE GRAIN BREAD BAKED POTATO BROCCOLI & CHEESE APPLESAUCE JUICE MILK, VARIETY	Feb - 15 BBQ PORK FRENCH FRIES BAKED BEANS PINEAPPLE JUICE MILK, VARIETY	Feb - 16 SPAGHETTI/BREADSTICK SALAD W/ DRESSING CARROTS / DIP PEARS JUICE MILK, VARIETY
Feb - 19 HAMBURGER / BUN LETTUCE & TOMATO SEASONED FRIES PEAS & CARROTS FRUIT COCKTAIL JUICE MILK, VARIETY	Feb - 20 CHICKEN RANCH WRAP TORTILLA CHIPS & SALSA COTTAGE CHEESE REFRIED BEANS STRAWBERRIES JUICE MILK, VARIETY	Feb - 21 GENERAL TSO CHICKEN & RICE CALIFORNIA BLEND VEGGIES MANDARIN ORANGES FORTUNE COOKIE JUICE MILK, VARIETY	Feb - 22 BBQ RIB on BUN TATER TOTS CORN APPLESAUCE JUICE MILK, VARIETY	Feb - 23 TURKEY MANHATTEN MASHED POTATOES CORN JELLO W/ FRUIT CHOC CHIP COOKIE JUICE MILK, VARIETY
Feb - 26 COOKS CHOICE; ENTREE COOK'S CHOICE VEGETABLE COOKS CHOICE FRESH VEGGIES FRESH FRUIT JUICE MILK, VARIETY	Feb - 27 COUNTRY FRIED PORK STEAK MASHED POTATOES White gravy PEAS PINEAPPLE JUICE MILK, VARIETY	Feb - 28 LASAGNA ROLL UP GARLIC TOAST/WGRAIN SALAD W/ DRESSING PEAS PEARS JUICE MILK, VARIETY		

This institution is an equal opportunity provider.
MENU SUBJECT TO CHANGE
PIZZA, PB& J OR SALAD OFFERED DAILY

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	766	750-850	100%	Carbohyd	106.52 g	55.64%	
Cholesterol	69 mg			Tot. Fat	23.61 g	27.75%	<=30.0%
Sodium	1180 mg	1420		Sat. Fat	7.61 g	8.94%	<10.00%
Fiber	9.06 g						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.